



Pre-K Elementary Breakfast & Lunch Menu October 2021

Student Breakfast - \$1.25*
 Adult Breakfast - \$2.40
 Student Lunch - \$2.65*
 Adult Lunch - \$4.10

*unless eligible for free/reduced meal program
 • Fresh fruits and vegetables served daily.
 • (V) Denotes vegetarian item
 • (P) Denotes pork item
 • All meals served with 1% white milk
 *Menu subject to change

STAY UP TO DATE

@LISDChildNutrition

LISD Child Nutrition

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Monday

Farm Fresh Focus:
 Emphasizing Fresh and/or Local ingredients

Tuesday

Wednesday

Thursday

Friday

4

BREAKFAST
 French Toast Sticks (V)
 Mixed Fruit

LUNCH
 Chicken Tacos
 Mexicali Corn
 Fruit Juice

National Taco Day

5

BREAKFAST
 Egg Sausage Breakfast
 Taco
 Apple Juice

LUNCH
 Grilled Cheese
 Sweet Potato Fries
 Cantaloupe

6

BREAKFAST
 Waffles (V)
 Cantaloupe

LUNCH
 Chicken Penne Rosa
 Broccoli
 Pear

7

BREAKFAST
 Strawberry Banana Yogurt
 Cinnamon Toast (V)
 Pear

LUNCH
 Pizza Stick w/ Marinara
 Tomato Wedges
 Orange Juice

1

BREAKFAST
 Pancakes (V)
 Fruit Juice

LUNCH
 Cheese Pizza (V)
 Cucumbers
 Applesauce

National Vegetarian Day

11

No School

12

BREAKFAST
 Cinnamon Toast Crunch®
 Applesauce (V)

LUNCH
 Hamburger
 Potato Smiles
 Raisins

National Lunch Week

13

BREAKFAST
 Blueberry Muffin (V)
 Watermelon

LUNCH
 Pizza Sticks w/ Marinara
 Green Beans
 Pear

National Lunch Week

14

BREAKFAST
 Strawberry Banana Yogurt
 Cinnamon Toast (V)
 Peach

LUNCH
 Sunbutter & Jelly
 Green Pepper Strips
 Fruit Juice

National Lunch Week

8

BREAKFAST
 Confetti Pancake (V)
 Orange Juice

LUNCH
 Cheese Pizza (V)
 Baby Carrots
 Apples
 ½ Day

18

BREAKFAST
 Rice Chex® Cereal (V)
 Apple

LUNCH
 Chicken Nuggets
 Celery
 Fruit Mix

19

BREAKFAST
 Strawberry Banana Yogurt
 Cinnamon Toast
 Pear

LUNCH
 Hamburger
 Potato Smile Fries
 Orange

20

BREAKFAST
 Turkey Sausage Breakfast Pizza
 Mandarin Oranges

LUNCH
 Cheese Quesadilla (V)
 Refried Beans
 Diced Peaches

21

BREAKFAST
 Blueberry Muffin (V)
 Pineapples

LUNCH
 Chicken Patty
 Baby Carrots
 Cantaloupe

15

BREAKFAST
 Egg Mushroom Strata
 Banana

LUNCH
 Cheese Pizza (V)
 Celery Sticks
 Diced Peaches

**National Lunch Week
 National Mushroom Day**

25

BREAKFAST
 Rice Chex Cereal® (V)
 Peaches

LUNCH
 Chicken Nuggets
 French Fries
 Pears

26

BREAKFAST
 Egg & Cheese Bagel (V)
 Mixed Fruit

LUNCH
 Spanish Frittata
 Tomato Wedges
 Orange Juice

27

BREAKFAST
 Turkey Sausage Wrap
 Fruit Juice

LUNCH
 Sunbutter & Jelly
 Baby Carrots
 Applesauce

22

BREAKFAST
 Cinnamon Toast Crunch® (V)
 Cantaloupe

LUNCH
 Cheese Pizza (V)
 Broccoli
 Pineapples

28

BREAKFAST
 Chocolate Muffin (V)
 Oranges

LUNCH
 Chicken Patty
 Corn
 Fruit Juice

29

BREAKFAST
 Cheese Omelet (V)
 Apple Juice

LUNCH
 Creepy Cheese Pizza (V)
 Squiggly Squash
 Boo Banana

**Halloween Treat
 Happy Halloween**



This institution is an equal opportunity provider.